

**Lesson Plans that Work**  
**Year B – Season after Pentecost, Proper 14**  
**Lesson Plans for Younger Children**

**Scripture: John 6:35, 41-51**

**Background:** During this “Ordinary Time” our lives may well include exceptionally un-ordinary events, such as births and deaths. As we take this journey, nourished by the scriptures appointed for the season and empowered by our baptisms, we are invited to be on the lookout for all the blessings found in the ordinary – to see God at work here and now. And we are compelled to share our blessings with others.

**A Notation for This Week’s Gospel**

Those entrusted with keeping the faith are getting nervous. “Hold it,” they say. “Isn't this Joseph and Mary's kid? We know them well and have watched their child, Jesus, grow up. How can he say, ‘I have come down from heaven?’ How are we to understand this Jesus to be the ‘living bread’?” Each of us today is also on a journey into trusting this bread of life.

**Theme: Living Bread**

**Before Class:** If you will be combining ages and including the older children, be sure to look at the Lesson Plan for Older Children. Consider offering a snack for the young children if you will not be joining the older children’s class.

**Beginning:** Ask the children if any of them have a family member who lives in another town that is not close by. Ask the children how they stay in touch with that person – by phone, e-mail, photos, letters? These things help us to stay close to these people.

Tell the children that Jesus really loves the people who help him, come to listen to him, and follow him. So Jesus figures out a way to keep those people close to him. Jesus did not have e-mail; he did not even have a computer. Jesus did not have a telephone. He did not even have a mailbox. He did not even have paper! We will have a story today about what Jesus came up with to keep the people he loves close to him.

**Opening Prayer:** Thank you, Jesus, for loving us and figuring out a way to keep us close to you. Amen.

**The Story:** Jesus is telling the people what God wants them to know. God has given Jesus a job to do and that job is to be sure everyone has the chance to come to Jesus. Anyone who chooses Jesus will belong to Jesus forever. "I am the bread of life," said Jesus. "Anyone who eats this bread will be with me forever."

**Activity:** If you can go outside, define the boundaries of where you will play this game. Tell the children that each child is going to get the chance to "be" Jesus and each child will get the chance to be "chosen" by Jesus. A child, who is playing Jesus, will take another child, gently, by the arm, and walk with that child to a place you have designated (over to the door and back, for

instance). Then the child that was led will be Jesus and lead the other child over and back. Keep going until each child gets to be Jesus and each child gets to be led by Jesus. If everyone has lots of energy, they can hop over to the place and back, or skip, or take two great big steps and one tiny step. If it is a hot, lazy day, they could tiptoe or walk very slowly.

**Option:** If you are working with the older children as well, be sure the younger ones are invited to participate in the closing activity with bread and honey outlined in the lesson plan for older children.

**Getting Closure:** If you are not working with the older children, close with a snack, such as sweet bread and juice.

**Closing Prayer:** Thank you, Jesus, for figuring out how to help us stay close to you all our lives. Amen.

## **John 6:35, 41-51**

<sup>35</sup>Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”<sup>41</sup>Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.”<sup>42</sup>They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?”<sup>43</sup>Jesus answered them, “Do not complain among yourselves.”<sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.<sup>45</sup>It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me.<sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father.<sup>47</sup>Very truly, I tell you, whoever believes has eternal life.<sup>48</sup>I am the bread of life.<sup>49</sup>Your ancestors ate the manna in the wilderness, and they died.<sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die.<sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

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**Lesson Plans that Work**  
**Year B – Season after Pentecost, Proper 14**  
**Lesson Plans for Older Children**

**Scripture:** John 6:35, 41-51

**Background:** During this “Ordinary Time” our lives may well include exceptionally un-ordinary events, such as births and deaths. As we take this journey, nourished by the scriptures appointed for the season and empowered by our baptisms, we are invited to be on the lookout for all the blessings found in the ordinary – to see God at work here and now. And we are compelled to share our blessings with others.

**A Notation for This Week’s Gospel**

Those entrusted with keeping the faith are getting nervous. “Hold it,” they say. “Isn't this Joseph and Mary's kid? We know them well and have watched their child, Jesus, grow up. How can he say, ‘I have come down from heaven?’ How are we to understand this Jesus to be the ‘living bread’?” Each of us today is also on a journey into trusting this bread of life.

**Theme: Living Bread**

**Before Class:** You will need paper, pencils, a small loaf of unsliced bread, preferably a round loaf of white bread or something you are pretty sure the children will enjoy eating. (Be mindful of allergies and bring gluten-free bread if necessary.) You could also bring some honey, a small dish, and napkins or a moistened cloth for wiping fingers. You may also choose to bring a few un-consecrated communion wafers if your clergy person is okay with the idea. If you choose, you could bring a candle in a glass jar and some matches for the closing prayer.

**Beginning:** The next three sessions all focus on Jesus' effort to get people to understand that God is inviting us into relationship: us in God, God in us. This could be a very abstract concept for some children, so it might help to begin by asking the children if any of them have ever tasted chocolate. Ask them to describe chocolate to you as if you had never ever tasted chocolate. Accept whatever they offer, but keep on probing so they can begin to see how hard it is to describe something their listener has not experienced. If you want, you can continue by asking if someone in the group has traveled to a place none of the rest of us have gone to. If the answer is Paris, France, that’s fine – or it could be a town only 25 miles away or a house in town none of the rest of us has been inside. Then, ask that child to describe the place so we will feel like we have been there. Then you can tell them we have a tiny clue about how hard it was for Jesus to tell people just how very much God loves them and wants all of us to be in relationship with God.

**Opening Prayer:** Thank you, God, for sending Jesus to us. Thank you for all the ways Jesus tried to help us understand just how much you love us. Amen.

**The Story: John 6:35, 41-51** (Text is at the end of the lesson) Remind the children that Jesus knows God and knows God's love for all of us. Jesus also knows that God wants us to notice God in our lives, so Jesus is coming up with a way to help us do that.

Give each child a piece of paper and a pencil. Tell the children you are going to read the passage slowly and invite them to write down any words that are interesting, words that made them ask questions, words that they notice are said more than once. Tell them you will read it twice. (If you have another teacher or an assistant, let them read it the second time through for a change of voice.)

### **Reflection Questions:**

- I wonder what words you wrote down? (Accept what is offered. Ask the child what he/she thinks the word means. See if anyone else heard that word or wants to comment on it.) Keep asking for reflection words until everyone has had a chance.
- Let's see if we can figure out what was really bothering the people referred to as "the Jews." (They could not find the places in scripture that indicated the Messiah would come as such a common-looking man.)
- What do we think Jesus means by saying: "I will raise that person up on the last day"? (We will continue to be with Jesus after we die.)
- Read verse 51 to the children and ask them to help you figure out how we would explain this verse to a child who is just joining us. How would we explain what Jesus was saying? (Try to draw the explanation out of the children rather than impose your understanding.)

**Activity:** If you are working with the younger children, be sure they are included in this closing activity. Tell the children that we come together in church to do what Jesus asked us to do: to be together and eat the bread he gives us to eat so we can remember Jesus together. Tell them that Jesus also wants us to be together with God in the center in all that we do. And here is an additional way we can do what Jesus asks us to do.

Invite the children to sit in a circle, with enough space between each child to be comfortable, but not so far apart that they cannot reach each other. Tell them that God is in the center of anything we do, so we will notice that God is right here in the middle with us. We cannot see God, of course, but God is here.

Place the loaf of bread and some honey in the center of your circle. Ask the children what we should do with this bread and honey. If they say you should cut it up and give each of them some of it, tell them that is a good idea. Suggest that one child can take a piece of bread, offer it and the dish of honey to another child, then that child can offer a piece to another child and keep going until all have been fed.

**Getting Closure:** If you have brought a candle in a jar, light it. If the younger children have been singing the hymn "I am the bread of life" (#335 in the Hymnal) ask them to teach it to the rest of us.

**Closing Prayer:** Thank you, God, for sending us Jesus. Thank you for loving us and showing us how to love you. Amen. (Extinguish the candle.)

## **John 6:35, 41-51**

<sup>35</sup>Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”<sup>41</sup>Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.”<sup>42</sup>They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?”<sup>43</sup>Jesus answered them, “Do not complain among yourselves.”<sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.<sup>45</sup>It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me.<sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father.<sup>47</sup>Very truly, I tell you, whoever believes has eternal life.<sup>48</sup>I am the bread of life.<sup>49</sup>Your ancestors ate the manna in the wilderness, and they died.<sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die.<sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

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**Lesson Plans that Work**  
**Year B – Season after Pentecost, Proper 14**  
**Lesson Plans for Adults**

**Scripture: John 6:35, 41-51**

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**Theme: Living Bread**

**Before Class:** You will need Bibles or make copies of the scripture below and have enough copies of the Book of Common Prayer.

**Beginning:** Tell the group that we continue with John, Chapter 6. Invite them to look for a mood change among those listening to Jesus.

**Opening Prayer:** Thank you, God, for Jesus, the bread that comes down from heaven, and for our growing ability to begin to understand. Amen.

**The Scripture:** Ask for volunteers to read the parts outlined in the scripture passage below. (Narrator, Jesus, and Religious Leaders)

**Reflection Questions:**

- What stood out for you in this reading?
- I wonder why the people are questioning Jesus’ teaching?
- What might it have been like to be discounted because of who Jesus’ family was?
- How does Jesus handle the grumbling of the leaders? (He deflects it by changing the subject. Note: when we find reference to “the Jews” in scripture it usually means the Jewish leaders -- not the Jewish people who made up the largest group of the followers of Jesus.)
- Jesus’ followers all knew the story of manna in the wilderness (Exodus 16). How is Jesus contrasting that bread with the bread he is offering? (Verse 51)

**Examining Eucharist:** Look at Eucharistic Prayer B in the Book of Common Prayer, beginning on page 367. Notice the parts that are identical to Eucharistic Prayer A (p. 361). Everything on page 367 is identical to the beginning of Prayer A. Notice the subtle differences in the prayer at

the consecration. Notice the different acclamation (from “Christ has died” to “We remember his death”). Then look at the last part, just before the Lord's Prayer.

**Getting Closure:** Invite the group to reflect in silence by getting comfortably seated, with eyes closed, and taking several deep breaths to relax. Then have them listen as you read.

I am the living bread  
The bread that comes down from heaven  
Whoever eats of this bread  
Will live forever  
The bread that I will give  
For the life of the world  
Is my flesh.  
Amen.

**Closing Prayer:** Thank you, God, for this bread, and for the love that brings it to us. Amen.

## John 6:35, 41-51

**Narrator:** <sup>35</sup>Jesus said to them,

**Jesus:** “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

**Narrator:** <sup>41</sup>Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” <sup>42</sup>They were saying,

**Religious Leaders:** “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven?’”

**Narrator:** <sup>43</sup>Jesus answered them,

**Jesus:** “Do not complain among yourselves. <sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup>It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. <sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup>Very truly, I tell you, whoever believes has eternal life. <sup>48</sup>I am the bread of life. <sup>49</sup>Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

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